



Parent Support Newsletter

A termly newsletter with information about community support and advice for parents

Your Family Support Worker is Leanne Russell

FREE PARENTING PROGRAMMES



COFFEE MORNING

Thursday 29th January 9am

Come along for a coffee

Natasha Fletcher from the school nursing team will be joining us to offer support around health and Northampton Partnership Homes will be there for any NPH tenants needing housing support.



Parent Talk

Need parenting advice? Parent Talk can help!

Parent Talk offers free, expert guidance for parents and carers.

Topics include:

- ★ Behaviour & emotions
- ★ Developmental needs
- ★ School life & SEND



Parents can connect via live chat, WhatsApp, or phone.

For tips and support, visit:

<https://parents.actionforchildren.org.uk/>

SEND SHINE



TOGETHER WE SHINE

Youth Group for Children and their Dads or Male Carers



When: Sundays 11am – 12pm

Starting 11th January, then every 2nd and 4th Sunday of the month

Where: Frank Bruno Foundation, Round Centre, Wallwelled Court, Northampton NN3 9TW

Fun, family-friendly, supportive and welcoming sessions
All sessions completely free!

First theme: Winter (themes change each session!)

Free Data Sim

Do you struggle to afford data for your mobile phone or tablet?

We may be able to help you thanks to The National Data Bank!



Contact us today to discuss a free sim, giving you the gift of data at no cost!

#bridgethedatadivide

Communitydevelopment@doddridgecentre.org.uk
07938 494674 / 01604 586384

community law service
northampton & county

SPECIALIST ADVICE,
CASEWORK AND REPRESENTATION



FREE • INDEPENDENT • CONFIDENTIAL

FREE Benefits advice from Community Law
Second Friday of the month (9th January, 13th February and 13th March, 11am – 1pm
@ Impact now – 254 Wellingborough Road, NN1 4EJ
They can provide advice on allowances, benefits entitlements, debt, immigration and housing (Evictions and repossessions).



@earlspencerprimary



@ Earl Spencer Primary School

Free English Lessons

Monday's 1pm - 3pm

From 3rd November 2025

Springs Family Centre

9 Tower Street, Northampton, NN1 2SN

hello@springsfamily.org.uk

Drop in or sign up!

If you would like more information about anything please come into school and speak to Mrs Russell

