



Parent Support Newsletter

A termly newsletter with information about community support and advice for parents

Your Family Support Worker is Leanne Russell

Coming Soon....
Look out for more details via Facebook and Parent mail!



1 2 3 MAGIC
FREE PARENTING WORKSHOP

WANT HELP WITH HOW TO DISCIPLINE YOUR CHILD?

If your child is between 2-12 years of age this **FREE WORKSHOP** is for you!

Learn how to stop unwanted behaviors **1-2-3 Magic** is a discipline program that focuses on implementing time-outs for inappropriate behaviors. It helps adults gain control of their own emotions and eliminates a lot of talking. It helps the child recognize that certain behaviors result in specific and consistent consequences.

Do you want to learn English?

Adult Learning are offering a **FREE Functional English skills course**

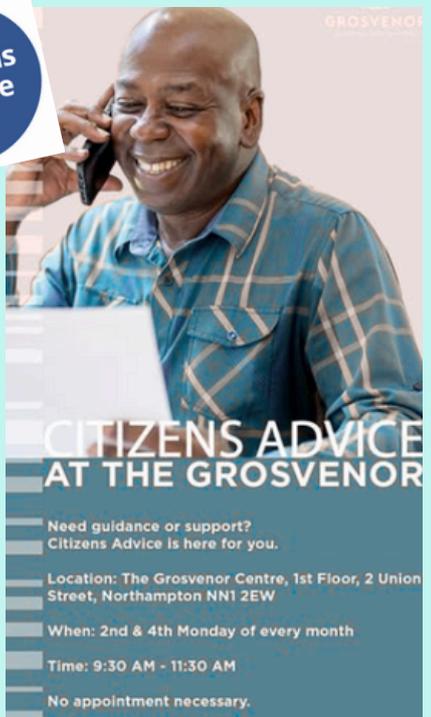


English Functional Skills
Fast Track
Starting 7th May
2 sessions per week
4-5 hours per week
Wednesdays 6.30-9pm & Thursdays 6.30-9pm
Online Course
Google Classroom

Gain a City & Guilds qualification quicker than before. 14 weeks that includes the final week exam.

Scan QR code to enrol or search code on our website - UZY3DS01
www.northantsadultlearning.ac.uk

Logos: North Northamptonshire Council, West Northamptonshire Council, City & Guilds Approval Centre



citizens advice

CITIZENS ADVICE AT THE GROSVENOR

Need guidance or support? Citizens Advice is here for you.

Location: The Grosvenor Centre, 1st Floor, 2 Union Street, Northampton NN1 2EW

When: 2nd & 4th Monday of every month

Time: 9:30 AM - 11:30 AM

No appointment necessary.



Follow us on **FACEBOOK**
@ Earl Spencer Primary School

Coffee Mornings at Earl Spencer will now be held every term.

We look forward to welcoming you!!

We will also have some special guests popping along for a coffee!!! Keep your eyes on our Facebook Page



Are you looking for employment?

ProPath Program aims to help those with unique differences find employment, volunteer work or work experience.

They can help with:
CV's, Careers Advice, Challenges in your workplace, Interview Skills....AND MORE!

communitydevelopment@doddridgecentre.org

If your child is aged between 8-18 years, they can attend **FREE WELLBEING AND MENTAL HEALTH DROP IN'S** at The Lowdown

Mondays & Fridays 4pm - 8pm
The Lowdown, 3 Kingswell Street,
Northampton, NN1 1PP
01604 634385



• Telephone support available • One-to-one support
• Wellbeing activities • Peer support

Funded by UK Government

ProPath: Your Path to Inclusive Employment Success.

Looking for a job but worried your disability will hold you back?

Receive **FREE** advice and support with our **PROPATH** service!

Only at
The Doddridge Centre
109 St James Road
NN5 5LD

Contact us at
Communitydevelopment@doddridgecentre.org.uk