



Parent Support Newsletter

A termly newsletter with information about community support and advice for parents

Your Family Support Worker is Leanne Russell

CALLING ALL DADS.....

'Team-Mates' is a new project to help men tackle mental health issues



TEAM MATES
Mental Health & Wellbeing Program

TACKLE MENTAL HEALTH LIKE A PRO!

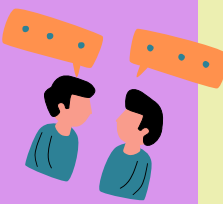
The TEAM-MATES program includes:

- Weekly walking sports sessions with post-game cuppa & chat with fellow TEAM-MATES.
- Monthly mental health chats & service support
- Pre-match TEAM-MATES coffee & chats

REGISTER NOW

For more information:
Tel: 01604 200576 or email: info@northamptonshireport.org

Funded by:
SAINTS, LEICESTERSHIRE COUNTY COUNCIL, sport, STERILBACHS, COMMUNITY, West Northamptonshire Council



Team-Mates offers like-minded people the opportunity to improve their physical health through walking sports. With a post-game cuppa and chat, individuals are also given a safe space to socialise and talk about their problems.

Does your child have an EHCP? Is your child in Year 5?

SENDIASS are running a free course to support parents with the application and transition process for secondary school. Just scan the QR code for more information



West Northamptonshire Council

West Northants Customer Services will be at St Luke's Medical Centre on the following dates between

9:30am and 11:30am

- 4 March
- 8 April
- 13 May
- 10 June
- 8 July

They can support with Homelessness, NPH Tenancy or rent issues, Noise complaints, Fly tipping, Revenue and benefits, school admissions and free school meals and children's social care.

Follow us on **FACEBOOK**
@ Earl Spencer Primary School

Delapre Bike Doctor

Keep an eye out for a fantastic opportunity in school to learn some basic bike skills and receive a free bike and helmet
Information coming out via Parent mail....be quick spaces are limited

Would you like to find out how to manage your child's behaviour, find out how to develop good relationships with your child and find out ways of encouraging your child to behave in a positive way. To gain new skills, knowledge and confidence in a positive learning environment sign up to 123 Magic

Family Learning are offering a FREE 123 Magic behaviour management course, starting February 27th at 10am for 6 weeks
Just scan the QR code to join for FREE

Adult Learning

1-2-3
MAGIC

