



# Parent Support Newsletter

A termly newsletter with information about community support and advice for parents

Your Family Support Worker is Leanne Russell

So much going on at the Doddridge centre

Funded by UK Government

## WHATS ON AT THE DODDRIDGE CENTRE

109 ST JAMES ROAD, NN5 5LD

**MONDAY**  
SENIORS LUNCH CLUB 10:30- 1PM  
YOUTH CLUB 5:00- 6:30PM

**TUESDAY**  
WARM SPACE/GREGGS FROM 9AM  
ARTS AND CRAFTS 12:30-3PM

**WEDNESDAY**  
STAY AND PLAY 9:30-11:30AM

**THURSDAY**  
COMMUNITY WARDROBE 10AM-12PM  
FOREVER YOUNG FITNESS 12:30-1:30PM

**FRIDAY**  
COFFEE MORNING 10PM-12PM  
MUSIC IS FUN 1PM-2PM

**SATURDAY**  
FAMILY BREAKFAST 9:30-11AM  
COMMUNITY WARDROBE 10-12PM

WARM SPACE IS OPEN MONDAY - SATURDAY 9AM TO 3PM

**FUNCTIONAL ENGLISH SKILLS**  
A FREE course to support adults with functional English skills available online  
Starting January 14th for 25 weeks  
10am-12pm



Children's Mental Health Week 2025  
'Explore and Connect FREE' family events  
Northampton Library 17th Feb 9.30-12pm  
Hunsbury Library 17th Feb 9am-12pm  
Duston Library Feb 10am-12pm

## THE COUNTY TOY LIBRARY

The Toy Library on Kings Health square offers the hire of toys and games for as little as 14p a week  
They have lots of toys and games on offer!!

4 Park Square, Kings Heath, Northampton, NN5 7LQ  
Opening hours: Tuesday and Thursday 9.30am-3.30pm

Remember...we are able to support families in need with emergency food parcels and school uniform

Please just ask to speak to Mrs Russell



West Northampton's SSS (Specialist Support Service) are offering FREE courses for parent of children with ASD, SEND or related needs

These courses are being held both online and locally at the Camrose Centre.

To book you place visit -

<https://wnc.ai/springsss25> or speak to Mrs Russell in school

**Anxiety & SEND Course - Online**  
Starts Tue 07 Jan 2025  
MS Teams

**ASD Reflections (0-7s) Course - Northampton**  
Starts Wed 15 Jan 2025  
Camrose Early Years Centre

**ASD, Anger & Emotions Course - Online**  
Starts Tue 21 Jan 2025  
MS Teams

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