

## Why might you need to use the Pastoral team?

As parents/carers, every day a new challenge or question may arise and you may wonder what the answer or solution is.

**“My child’s behaviour is getting out of control”**

**“I’m worried about my finances, we are really struggling for money”**

**“Since my partner left, things haven’t been the same”**

**“My child is struggling to cope with the loss of a loved one”**

**“I would just like someone to share my concerns with”**

**“My landlord is evicting me”**

**“I am feeling very low and need someone to talk to”**

Parenting is not an easy job and sometimes things can get tough. Our team is here to help and point you in the right direction

### Where can you find us?

We are based in school every day from 8.30am-3pm. Pop in and see us in the nurture room.

You can also contact us on

01604 751130 or 07568 320074



If we’re not available just leave a contact number at the School Office and we will phone you back.



For more information and to find out about other offers available in the local area follow us on our Facebook page

# Earl Spencer Primary School’s Pastoral team.



## A guide to what we do and what we can offer you.



## Meet the team



**Leanne Russell**  
**Family Support Worker**



**Sarah Welsford**  
**Wellbeing Mentor**



**Lucy Dhiamn**  
**Wellbeing Mentor**

## What is a Family Support worker?

A Family Support Worker is able to offer impartial support, advice and guidance to parents/carers.

This is a School-based service that provides free support with:

- ◇ Parenting concerns
- ◇ Early intervention work
- ◇ Meetings with other agencies
- ◇ Housing issues
- ◇ School transition
- ◇ School attendance
- ◇ Healthy lifestyle
- ◇ Mental well-being
- ◇ Bereavement
- ◇ Accessing local services
- ◇ E-safety
- ◇ Behaviour management
- ◇ Relationship breakdown

## What is a Wellbeing Mentor?

A wellbeing mentor can support children in school with their:

- ◇ Social and emotional health
- ◇ Support children with any worries or problems
- ◇ Help children feel safe and Happy in school
- ◇ Friendships
- ◇ Confidence building

### What can we do?

We are here to give support to families in many different ways.

**Leanne is available daily for:**

- \* One-to-one work with parents/carers and children including talking, listening and supporting.
- \* Finding practical strategies with parents/carers and children to improve learning, behaviour and relationships
- \* Referring and signposting to local services
- \* Advocacy—speaking on your behalf.
- \* Counselling for children, parents and families.
- \* Play therapy
- \* Run nurture groups to help with a child's social and emotional health.

**Sarah and Lucy are available daily for:**

Supporting children on a 1:1 through play therapy, Lego therapy, social skills groups and friendship groups.